

**CONGREGATIONAL MEETING** To elect church officers **Sunday, Sept. 23, 9:45 a.m.** See **NOTICES**.

**SUNDAY STUDIO** September 9th begins our new semester. With a year behind us, and a little trial and error, our Sunday School program is better than ever. We've learned what works best in our church family, polled the children on what they want more, and are creating lessons for the next year that will inspire learning, faith, and kinship. The coaches look forward to teaching the children Bible stories through art, drama, science, games, and other fun-filled activities. For all children: every Sunday is a new adventure. For all adults: consider joining them in their journey once in a while and be a coach. For all youth: we need shepherds to help along the way too. Please contact me at 304-876-2585 or lkwaugh@comcast.

—Karen Waugh  
*Sunday School Superintendent*

*PEACEFEST: ImagineOneWorld*  
*A Community Gathering • In the spirit of St. Francis*  
*Prayer for peace on earth*  
*In Song & Silence*  
*Rock • Folk • Jazz • Reggae*  
*Soundscape Meditation*  
*Sunday, October 7 at 7:00 p.m.*

**SHEPHERDSTOWN REFLECTIONS** It is difficult to capture the many and varied impressions we have from our visit to West Virginia. Before any new visit, one tends to have a mental picture of the destination. And we were not disappointed. Shepherdstown was a delightful discovery for us both; we loved the colonial style architecture and the intimate size of the town. There was a lot that was new to us—we never did get used to the four-way junctions and it was a minor miracle that we survived these unscathed! And there was much that seemed strangely familiar—the hooting of the big freight trains as they trundled through the town, for example. We must have seen too many movies!

From our wonderful base at Randy and Paula's home we explored further afield. Amongst our memorable visits was a trip to Virginia and the Shenandoah National Park and also a couple of days based in Davis, WV, from where we explored Blackwater Falls, Canaan Valley, Seneca Rocks and Spruce Knob. This was a particularly beautiful area and we can understand why West Virginia is referred to as "almost heaven." Maybe the heat made it less heavenly at times, but we got used to it and in fact quite missed it when we got back to the reality of a Scottish summer!

It was great exploring West Virginia and indeed discovering the sights of Baltimore and Washington. We are indebted to many people who offered advice on travel and those who took us to places of interest. Thanks and apologies for those offers we couldn't accept. This generosity reflects the warmth and kindness we encountered throughout our stay. Right from the outset we felt very much part of the life of SPC. We thank you for letting us share your life together—in the social events and of course in worship. A special moment for us was our last Sunday with you, when we celebrated Communion. It clarified again that great truth—"though we are many, we are one Body." The universal Body of Christ, united in love and friendship across the oceans. We felt at one with you and in our hearts you will always remain.

—Richard and Angela West

**MIDDLER'S WEDNESDAY EVENING PROGRAM**  
6th-9th Graders • Begins **September 12, 5:30-7:00 p.m.**  
Supper, movement, Bible study (bring your Good News Bible)

## Spiritual Formation...

**PRACTICING PEACE** “Although attempting to bring about world peace through the internal transformation of individuals is difficult, it is the only way.” These provocative words of the Dalai Lama seem as hope-filled as they are daunting. They imply that while we may be powerless as individuals to bring war to an end, each of us can contribute in powerful ways to peace in the world in and through the simple actions of our everyday lives.

One key practice for aspiring peacemakers is the practice of non-judgment. “A peacemaker,” writes Henri Nouwen, “never judges anybody. Neither a neighbor close by, nor a neighbor far away. Neither friends, nor enemies... peacemakers (are) persons whose hearts are so anchored in God that they do not need to evaluate, criticize, or weigh the importance of others.”

The practice of non-judgment begins with noticing; in the coming days and weeks, whenever you find yourself (verbally or non-verbally) judging or criticizing those around you (including yourself!), gently bring yourself back to your desire for peace with a simple phrase or mantra, such as: “do not judge” (Luke 6:37); “pursue peace” (Heb 12:14); or “love one another” (John 13:34). Practice, practice, practice. See what happens. And let me know what you find out!

—Ethel Hornbeck

*Parish Assistant for Spiritual Formation*

## Yootz Corner...

**Sept. 23**—A day on the river, probably kayaking with Junior and Senior Yootz, after church on Sunday

**Sept. 30**—Migrant worker Service Day at the orchards. More info to follow.

**A DIFFERENT KIND OF SUMMER CAMP** This summer I attended a program in Green Bank, WV at the Governors School for Math and Science (GSMS). My fellow classmate Ethan Carter and I were selected to represent Jefferson County along with about 60 other rising 9th graders from all over West Virginia. GSMS is a program for students interested in Math and Science to engage in learning experiences outside school. Our main focus at Green Bank was radio astronomy and observing the sky. There were many hands-on activities, guest speakers, and written activities. Outside activities included caving, mountain biking, swimming, and the infamous ultimate frisbee.

Although there are many telescopes at Green Bank, we received special time to use the 40-foot telescope, the largest one of its kind in the world. Not many

people get this opportunity, so it was a huge honor. My group’s project was dealing with the efficiency of this telescope. Many nights groups got up in the middle of the night to observe the sky. My favorite part about GSMS was meeting all the people from around the state, who not only share interests in math and science, but many other things as well. It was truly an unforgettable experience and I would recommend it to any rising 9th grader. —Sara Hornbeck

## Mark Your Calendars...

**ROUNDTABLE WITH PASTOR TREMBA** **Wednesday evenings September 13, 20, 27, 7:30–8:30 p.m.** Fellowship Hall. Bring any and all questions pertaining to the Bible, faith and church.

**FRANCISCAN FORUM:** *Creation, Christ and the Cosmos*, **Saturday, October 20 • 10:00 a.m. to 3:00 p.m.** (See enclosed brochure for details.)

**NATIVE AMERICAN DRUM BUILDING WORKSHOP** led by Denali DeGraf, Native American Flute and Drum builder, **Saturday, September 8, 10:00 a.m.–5:00 p.m.** Learn how to build a Native American frame drum by hand, using natural deer hides and a hardwood maple frame. No experience is necessary. Workshop cost: \$35. Materials cost: \$60. Please RSVP to [scot@rollingridge.net](mailto:scot@rollingridge.net) or 301-779-1420.

**HIGH SCHOOL STUDENTS DINNER** (9th–12th grade) with Dr. Suzanne Shipley, President of Shepherd University. **Sunday, October 14** at 5:00 p.m. at the Shepherd University Ballroom. Representatives from several other area colleges and Rumsey Vo-Tech will be there. Cost is \$10. Parents are welcome, too. Call SPC office to make reservations. You may pay at the door.

**HOW DOES IT FEEL TO LIVE IN POVERTY?** Just Neighbors is an interactive education program to raise awareness of the root causes of poverty and homelessness as the first step in finding a community-based action. Its goal is to educate the participants about poverty in the US and in their local communities, and to motivate them to work as advocates for their neighbors.

The workshop sessions are at the Shepherdstown Train Station on six consecutive Thursdays, October 11 to November 15, 7:00 to 8:30 p.m. Registration is free. Facilitators are Sarah Soltow, Community Lutheran Partners and Dan VanBelleghem, Social Concerns Committee, St. Agnes Parish. If you are interested, contact Sarah Soltow, 304-582-4264 or Dan VanBelleghem, 304-876-9473.

## Monthly Activities...

**TAIZE SERVICE** First Wednesdays, 7:30 p.m. in the sanctuary. A Service of Prayer in song, silence and candlelight. **Next: Sept. 5.**

**PRESBYTERIAN WOMEN'S CIRCLE** First Thursdays, 10:00 a.m. in the Fellowship Hall. Our new study is *Above and Beyond: Hearing God's Call in Jonah and Ruth*. Pick up a study guide in the church office. Every woman is invited to join us for study and refreshments. For more information, call Barbara Kaplin at 304-876-3310. **Next: Sept. 6.**

**FIRST THINGS FIRST SUNDAY** Coins for relief of hunger and non-perishables for JCCM (see list under JCCM Notes). **Next: Oct. 7.**

**SUPPER GROUPS** Movable Feast, **Saturday, Sept. 8** (note 2nd Saturday), 6:30 p.m. at Esther and Tim Murphy's, 304-876-8133; TGIF, **Friday, Sept. 21**, 6:30 p.m. at Mary Ann Kave's, 304-876-2157.

**MEN'S BREAKFAST** **Sept. 22** at 7:30 a.m.; discussion from 8–9 a.m. with Dr. Jim Price as special guest and discussion leader.

**CONTEMPLATIVE PRAYER** Third Sundays (except June, July and August), balcony, 7–7:30 p.m. **Next: September 16.**

**CANTERBURY SERVICE** of song, prayer and scripture, third Mondays, 10:30 a.m. Please join us in this joyful SPC ministry. **Next: September 17.**

**ROUNDTABLE WITH ETHEL HORNBECK** Third Thursday mornings, 10:00–11:00 a.m. Balcony. **Next: September 20.**

**PAPER RECYCLING BY 4-H GROUP** at Christ Reformed Church, 8–9:15 a.m. Paper, cardboard, magazines, books. Place in paper bags, boxes, or tie securely. **NO PLASTIC BAGS. Next: Oct. 6.**

## Notices...

**ADULT CHOIR** Tuesdays, 7:30 p.m. New voices are always welcome. See or contact Georgiann Toole 301-432-6964, or Georgiann1@aol.com.

**COFFEE TEAM** needed to make coffee every second Sunday of each month after the 10:45 service. Contact Melinda Schmitt, 304-876-6157.

**JCCM NOTES** Donations have been quite small this summer. Current needs:

- Dry cereal, spaghetti sauce, jelly, canned meats, vegetable oil, casserole mixes, pancake mix, pancake syrup, tomato soup, vegetable soup, toilet paper, shampoo, bar soap, laundry detergent, dish deter-

gent, toothpaste/toothbrushes, clean plastic garbage bags, clean baby food jars with lids, and clean mid-size jars with lids. For babies: bath needs, clothes, and diapers.

- Gift cards from Martin's or Food Lion are appreciated. They are used by the food coordinator to replace supplies.

- Clean, lightly used children's clothes for school.

Collection at SPC on first Sundays. **Next: Oct. 7.**

**SHENANDOAH WOMEN'S CENTER** Ongoing needs: pre-paid long distance cards; laundry detergent (powder); shower gel, ACT fluoride rinse; waxed dental floss; diapers & baby wipes; lamps; and Martin's and Wal-mart gift cards. *Place items in the red basket by the water fountain in the Fellowship Hall.*

**SHARE YOUR GARDEN SURPLUS** with others who don't have a garden this year. Leave your surplus vegetables and fruit in the Fellowship Hall.

**1,000 VOLUNTEERS NEEDED TO HARVEST VEGETABLES** at the Volunteer Farm near Woodstock, VA. Harvest tons of vegetables from 28 acres to help feed some 100,000 hungry Virginians served monthly by the Blue Ridge Area Food Bank in 25 counties and nine cities. Volunteers can sign-up at [www.VolunteerFarm.Org](http://www.VolunteerFarm.Org).

**REQUEST FROM FRIENDS IN ACTION** We have a family that needs furniture. If you have anything to donate, please contact Anne Conlan at 304-876-8500 or [aconlan@fiaep.org](mailto:aconlan@fiaep.org).

**CONGREGATIONAL MEETING** Sept. 23, 9:45. Nominated for re-election as Elder are Betsy Donohoe, Verle Headings, and Bob Proudman. Nominated as Deacon is Helen Burns.

As a new nominee, we asked Helen these questions: **1.** When did you first attend a service at SPC? Who or what prompted you? What was your first impression? *In 2002 we were looking for a friendly, peaceful and interesting place where we could retire. Our first stop was Shepherdstown and we immediately liked the town. We attended the Sunday service at SPC and immediately liked the church. It seemed like a friendly, informal and interesting place.* **2.** Previous church? *John and I were both active in the Colesville Presbyterian Church in Silver Spring, MD.* **3.** Many people don't participate in a church, why do you? *I find comfort and inspiration to try to be the best person I can be. I also like the sense of community and the people.* **4.** One thing SPC does well? *SPC does many things well but I particularly like the emphasis on books and learning.* **5.** One thing SPC should do or could do better? *(No response)* **6.** Anything about your family you'd like the congregation to know? *I find fun and happiness with my family and my husband of 11 years.*

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SHEPHERDSTOWN PRESBYTERIAN CHURCH  
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office@spcworks.org

**UNITED WAY'S ANNUAL DAY OF CARING** is **Tuesday, September 11**. Rosemarie Coy has enlisted United Way on behalf of her friend Karen Kelley who has MS and needs a new deck and wheelchair ramp. SPC's Mission and Stewardship Committee is supporting the project. If you'd like to help build the ramp, please contact Rosemarie at 304-876-6262. If you can help fund the project, make checks payable to the United Way of the Panhandle with Day of Caring Project on the memo line. Together we can make a world of difference.

**COINCIDENCE?** SPC members Lou Ann Stovall, Barbara Hartman, and Jim Price were present at the 8:30 worship service on Aug. 26. All three are graduates of Oklahoma State University, Stillwater, OK. Coincidental? I think not! Divine intervention is more like it!  
—*Jim Price*

## Thank You...

I would like to thank everyone for all the prayers, cards, meals and visits to help me get through this time. Thank you very much.  
—*Jenny Murdock*

I would like to thank the members of SPC for their prayers, thoughts and cards after the death of my father, Robert Harpold, from multiple myeloma. I was especially touched by the prayer shawl made by members of the church. It meant more than you know.  
—*Courtney Struthers*

**SUMMER MUSIC** Many thanks to all who shared vocal and instrumental music during June, July, and August worship services. The services were greatly enriched by varied instruments, as well as vocal solo, duet and trio offerings. Your contributions are deeply appreciated. Thank you!  
—*Barbara King*

Many heartfelt thanks to my church family who have been so supportive during my recent hip replacement surgery and recovery period. Hospital visits, phone calls, flowers, cards, and delicious meals have all been a tremendous help in restoring me to good health. Thanks and love to all.  
—*Karen Davison*

Thanks so much for listening, and being there. I know from reading all of the prayer requests that many of our church family are going through hard times, and I pray that each and every one of you will find peace, love, hope and encouragement as you deal with this life we have been given. Love to all.  
—*Barkley Sutherland*

## Financial Corner...

**General Fund** through August 26. Expected: \$167,385. Actual giving: \$148,828. **Building Fund** pledged for 2007: \$30,000. Submitted to date: \$13,731.

## In Our Prayers...

Wanni Martin (surgery) • Sheila Dillow / Judy York (expecting soon!) • Michael Younkin (sister's family) • Rosemarie Coy • Karen Davison • Mary Smith (mother died Aug. 5) • Jim Macdonell's friend Rev. L. V. Lassiter (serious condition) • Paul Denchy (death of colleague)

**NEXT NEWSLETTER: October 2007.** Announcements, articles or news on our members? Contact the office, 304-876-6466 or <office@spcworks.org> Copy deadline **September 26**.

*Let us know if you would like to get the newsletter on line. It will save us paper and postage*